



GOLDEN TICKET Cyber Hygiene Project

Everyone wants to be safer from cyber criminals. Good cyber hygiene is fundamental.



The Golden Ticket cyber hygiene project is focused on community service. It can be an exciting way for your team to share your knowledge and expertise for keeping digital devices safer and more secure with people of all ages. Below we have suggested a few ideas for your team but, you are not limited to them.

Be creative. Have fun and help others learn good cyber hygiene practices for now and into the future.



What is cyber hygiene?

Cyber hygiene is a reference to the practices and actions people using computers and other devices take to maintain system health and improve digital security.

They are considered part of a standard routine to help ensure the safety and security of the person using the devices and should be conducted regularly to protect against common threats.



SESSION IDEAS FOR TEAMS

- Presentation for a group that includes 2-3 topics on leading cyber hygiene practices
 - * Senior Center, Youth Group, Church group or other
- Provide “cyber squad” service for school or near-by middle school
 - * Update apps and software
 - * Address questions



TOPIC SUGGESTIONS

- Passwords
- Program, Apps and system updates
- Firmware and hardware updates
- Access
- Social Media - Personal Identifiable Information (PII)
- What is anti-virus software and when to use it
- Reading License Agreements
- Other topics - your choices

Free materials for your project are available from FTC.



TEAM ACKNOWLEDGMENT

- A great way to confirm your project completion is ask your participants to complete a short survey. An email from the group leader is also acceptable. Be sure to send a thank you note.

PROJECT FORMS AND DETAILS

- At: cyber-guild.org/GoldenTicket